The influence of climate on the mental and physical constitution of Man.

To be convinced of the existence of a great diversity in the mental and physical constitution of various nations, we have but to look at the naturally aristocratical, the brown and inconstant African and the fair and stately European. We are naturally led to inquire into the physical causes of these differences, and the solution of this question is at once difficult and interesting.

That there exists an intimate connection between the body and mind, is an obvious which we presumed we will attempt to controvert. If the body be in a sound and healthy state, the mind will perform its functions with proportionate ease and facility; while if the body be diseased or debilitated, the mind is impaired, and becomes incapable of its former exertions. To prove this, that it will be admitted that climate and a material influence upon the physical constitution of Man. To sustain this position we have only to refer to fact. Let us but look at those living among the sunny shores of Italy. Before the eye of the Italian, Nature has been kindly disposed and those features most congenial to what and in whose the present, these scions of ancient productions take on pleasant coloration and beauty, and become the incense of pride and passion; while, as the rays of the declining sun, as they slowly slip upon the brow of the Mediterranean, give the elements of the lofty Alps.